

# Eldercare Finance:

Practical Wisdom from a Biblical Perspective

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Richard J Martin, CFP® is a CERTIFIED FINANCIAL PLANNER Professional and a Representative of The Center for Eldercare Finance, an Ohio Registered Investment Advisory. He is also a licensed insurance agent, Certified in Long Term Care Insurance (CLTC).

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# Richard J. Martin

## Providence and Perspective:

- Financial Advisor/Consultant
- Advocate/Ombudsman
- Teacher/Professor
- Researcher
  
- Clinician
- Caregiver
  
- Husband, Father
- Adult Son
  
- Follower of Jesus

# A Uniquely Christian Way of Thinking

Richard's Axiom #1:

EVERYTHING is different in  
light of the Gospel

# A Uniquely Christian Way of Thinking

Aging

Health

Care

Family

Law

Money

# A Uniquely Christian Way of Thinking

RICHARD'S AXIOM #2:

EVERY decision is theological

# A Uniquely Christian Way of Thinking

## WISE Decision-making in Eldercare Finance

Is it Practical?

Is it Right?

“Eldercare”

“Long Term Care”

“Chronic” Care

Senior “Healthcare”

# “Eldercare”

Physical Care

Instrumental Assistance

Vigilance

Defense of Dignity

# Types of Eldercare

- Home Care
- Community-Based Respite
- "Assisted Living" Facilities
- Nursing Homes
- CCRC

# Lifetime Risk of LTC Need

- \_\_\_% of seniors will need long term care in lifetime
- \_\_\_% of seniors will use nursing home
- \_\_\_% of seniors using nursing home for 5+ years

# Duration of Need for LTC

Stroke \_\_\_\_\_ months

Pulmonary \_\_\_\_\_ months

Diabetes \_\_\_\_\_ months

Dementia/Alzheimer's \_\_\_\_\_ months

# Risk Factors of LTC Use

Clinical

Social/Cultural

Economic

# The Costs of Eldercare

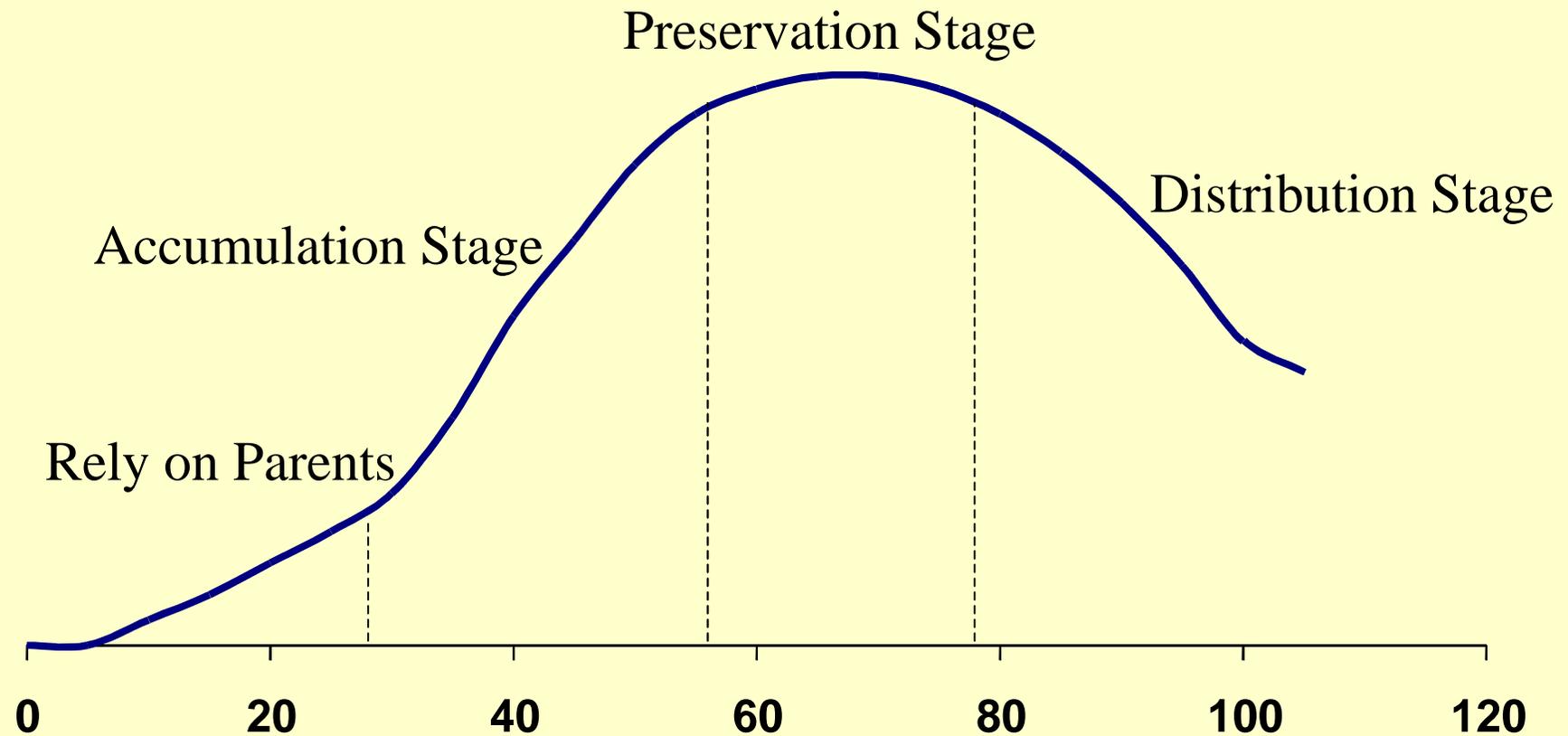
## Personal Cost

RICHARD'S AXIOM #3:

“Every goal of Elder Life...  
independence, choice,  
generosity, legacy  
...is changed by chronic illness”

Martin 2005

# Money Cycle



# Financial Stewardship in Aging

## Threats to Preservation Stage

- *Taxes*
- *Inflation/Market Risk*
- *Chronic/Long Term Care Costs*

# The Costs of Eldercare

## Financial Costs

- Home Care
- Community-Based Respite
- Assisted Living Facilities
- Nursing Homes
- CCRC

# LTC Payment Options

- ~~Medicare / Medicare Supplement~~
- Personal Income
- Personal Savings and Invested Assets
- Home Equity/Reverse Mortgage
- Long Term Care Insurance
- Life Insurance
- Veterans Administration
- Medicaid

# The "Business" of Eldercare

# The "Business" of Eldercare Assistance

**BREAK**

**(Please hand in any questions)**

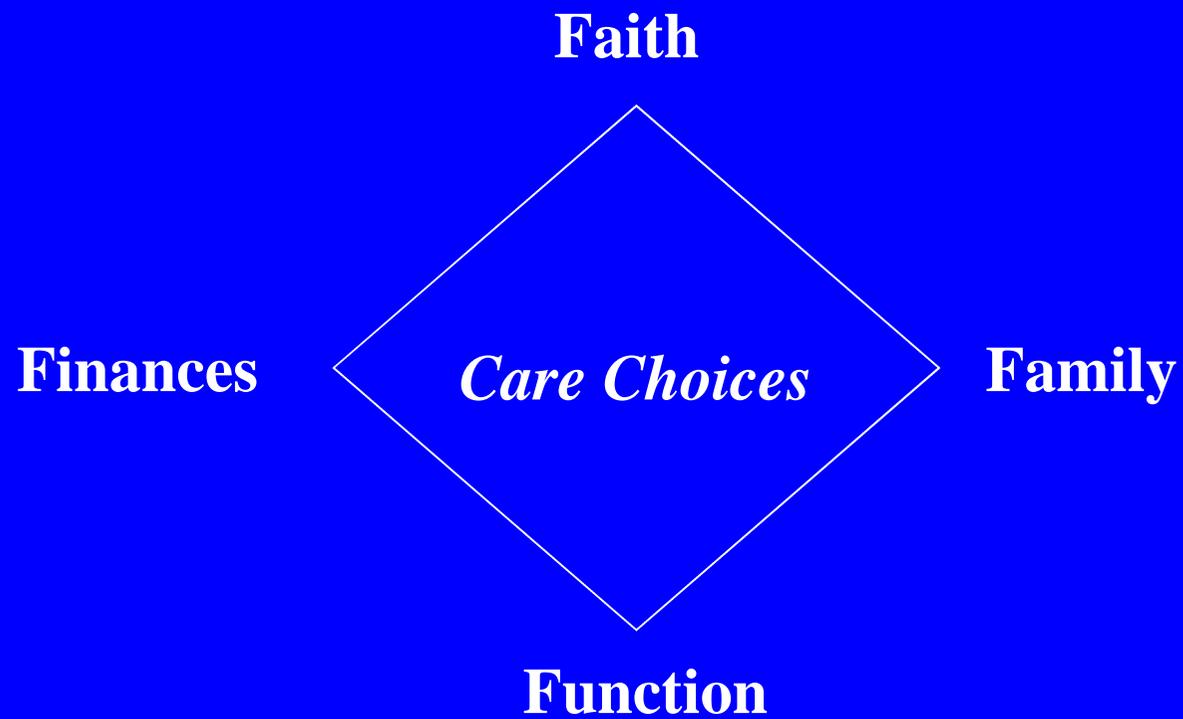
# Planning for Care

## RICHARD'S AXIOM #4:

“Preparing for the cost of chronic illness  
is not simply a part of a good financial plan...  
it is the true test of that plan”

Martin, 2005

# Planning for Care



# Eldercare Planning

## Planning as a tool of stress reduction

- I. Replace Anxiety with Information*
- II. De-stress the Decision-making*
- III. Simplify the Finances*
- IV. Caregiver: Put your own house in order*

# *I. Replace Anxiety with Information*

- Geriatric Clinical Assessment
- Available Community Services
- Quality and Cost of Residential Options
- Eligibility for Public Benefits

## *II. De-stress the Decision-making*

### Legal Issues

- Establish clear Proxy/Powers of Attorney
- Discuss End of Life Plans
  - Advanced Directives and “DNR” Orders
  - Living Wills
  - Funeral Planning

## *II. De-stress the Decision-making*

### Family Issues

- Identify the Parent's values
- Assign reasonable roles to family members
- Address potential conflicts-of-interest

“The Family Meeting”

### *III. Simplify the Finances*

- The Role of the Budget
- Chronic Care Asset Allocation
  - Yield/Return, Liquidity, Safety
- “Planning” to use Public Benefits

## *IV. Caregiver: Put your own house in order*

- Attend to your own health
- Respite: “Buying Time”
- Personal Retirement Planning
- Long Term Care Insurance ?
- Free to Give, Free to Go...Free to Grieve

# A Uniquely Christian Way of Thinking

RICHARD'S AXIOM #5:

The mind of man plans his way,  
But the LORD directs his steps  
Proverbs 16:9, NASB

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