

Eldercare Finances

*Practical Wisdom
from a
Biblical Perspective*

Richard J. Martin DNP MBA RN CFP®

Parkside Church

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Our Agenda

Introduction

Biblical Foundations for Eldercare

Eldercare: Services, Costs, Financing

(Break.... Index Card Questions)

Principles of Eldercare Planning

Q&A: Specifics, Technical Issues, Case Examples

Your Agenda

“I really hope that he explains....

”

INDEX CARD QUESTIONS!

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Richard J. Martin

- Certified Financial Planner (CFP®)
- Registered Nurse (RN)

- Robert Wood Johnson Foundation Future of Nursing Scholar
- Founder, Center for Eldercare Finance

- *Officer of financial services firm (planning, investments, insurance)*
- *Executive Director, Long Term Care Ombudsman*
- *Assistant Professor, Case Western Reserve University*
- *Assistant Director for Research Operations, Alzheimer Center, Division of Behavioral Neurology, University Hospitals of Cleveland*

- Bachelor of Science (Psychology)
- Doctor of Nursing (ND)/Doctor of Nursing Practice (DNP)
 - Research Fellow, National Institute on Aging
- Master of Business Administration (MBA)
 - Executive Nurse Fellow, Commonwealth Fund
- Certificate in Financial Planning
- Post-Grad: Institute for Life-Span Development & Gerontology

Richard J. Martin

Providence and Perspective:

- Financial Advisor/Consultant
 - Advocate/Ombudsman
 - Developer/Administrator
 - Teacher/Professor
 - Researcher/Behavioral Scientist
 - Clinician/Caregiver
-
- Husband,
 - Father
 - Adult Son

Follower of Jesus

Richard's Axiom #1:

EVERYTHING is different in
light of the Gospel

A Uniquely Christian Way of Thinking

Aging

Health

Care

Family

Law

Money

Why All the Moral Theology?

A Uniquely Christian Way of Thinking

Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

(Romans 12:2)

A Uniquely Christian Way of Thinking

Aging

Secular View

Biblical View

A Uniquely Christian Way of Thinking

Health

Secular View

Biblical View

A Uniquely Christian Way of Thinking

Care

Secular View

Biblical View

A Uniquely Christian Way of Thinking

Family

Secular View

Biblical View

A Uniquely Christian Way of Thinking

Law

Secular View

Biblical View

A Uniquely Christian Way of Thinking

Money

Secular View

Biblical View

RICHARD'S AXIOM #2:

EVERY decision is theological

A Uniquely Christian Way of Thinking

Wise Decisions about Eldercare Finance

Paradigm of Stewardship:

Money

Time

Relationship

A Uniquely Christian Way of Thinking

Wise Decisions about Eldercare Finance

Utility:

Is it Rational?

Is it Practical?

Morality:

Is it Right?

Is it Truthful?

Is it Just?

Eldercare: Definition vs. Meaning

RICHARD'S AXIOM #3:

“Every goal of Elder Life...
independence, choice,
generosity, legacy
...is changed by chronic illness”

Martin 2005

“Eldercare”

“Long Term Care”

“Chronic” Care

Senior “Healthcare”

“Eldercare”

Physical Care

Instrumental Assistance

Vigilance

Defense of Dignity

“Eldercare”

Physical Care:

Function: Activities of Daily Living

Bathing

Dressing

Toileting

Transfer

Continence

Feeding

Social Propriety & “Independence”

“Eldercare”

Instrumental Activities of Daily Living:

Telephone

Shopping

Food Preparation

Housekeeping

Laundry

Transportation

Medication Management

Management of Finances

Variability & Context

‘Eldercare’

Vigilance/Defense of Dignity

Personal Safety

Medical Mismanagement

Financial Exploitation

Autonomy and Interests

“Continuum”
of
Eldercare Services

... Really?

“Continuum” of Eldercare Services?

- Home... *Home Health Care*
- *Community-Based... Day Care... Respite*
- *Senior Apartment...Independent Living... (NORC)*
- *Adult Care Facility... Assisted Living*
- *Nursing Home... Custodial Care... Skilled Care*
- *Dementia Care Facility*

“Continuum” of Care

Beyond the Words: the Real Drivers of Care Options

- Overlap/Redundancy of Services
- Financial Payment Source
- Regulation, Risk, and Liability

Risk Factors of LTC Use

Clinical

Social/Cultural

Economic

Risk Factors of LTC Use

Risk = Vulnerability x Threat
(Risk = Probability x Cost)

Problem of Probabilities
Lessons from Behavioral Economics

The Costs of Eldercare

Financial & Personal

- Home Care
- Community-Based Respite
- Assisted Living Facilities
- Nursing Homes

LTC Payment Options: Your Money

- Personal Income
- Personal Savings and Invested Assets
- Home Equity/Reverse Mortgage
- Life Insurance: Accelerated Benefit

LTC Payment Options

OPM: Insurance

- ~~Medicare / Medicare Supplement~~
- Long Term Care Insurance
- Life Insurance: Linked Benefit

LTC Payment Options

OPM: Public Benefits

- Veterans Administration
- County Respite Services
- Philanthropic Respite Services
- Medicaid & Medicaid Waiver

- (Medicare) Hospice

BREAK

Please Complete Your Question Cards!

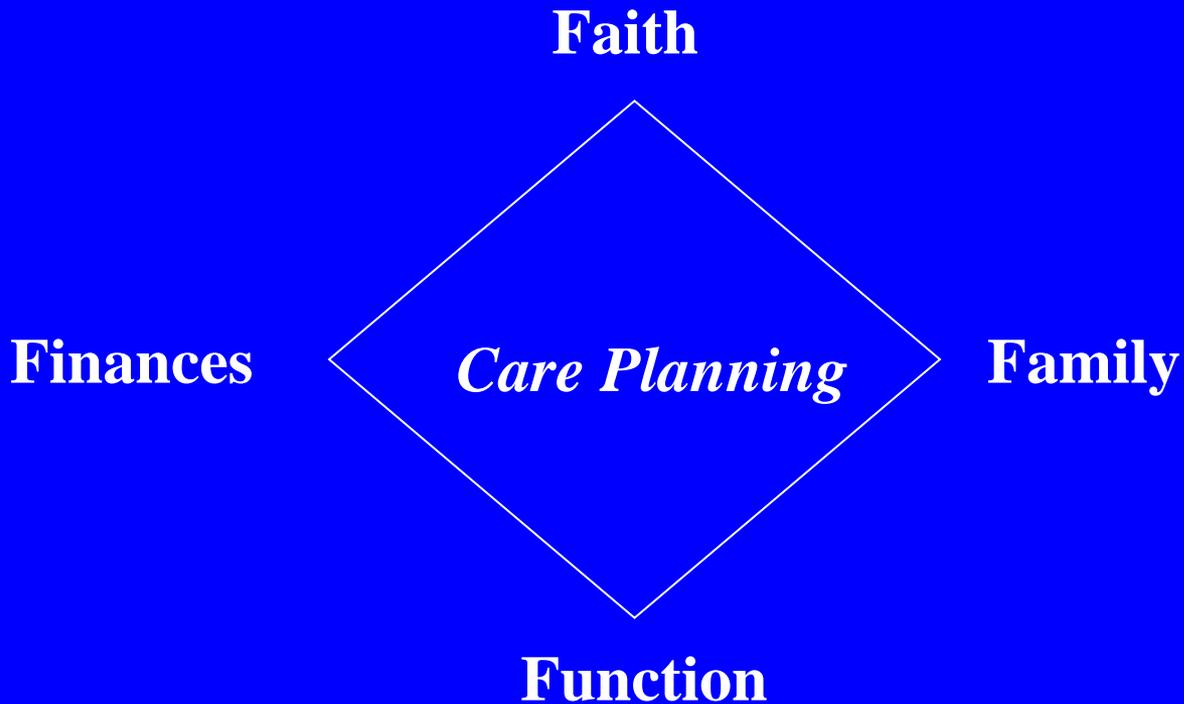
Planning for Care

RICHARD'S AXIOM #4:

“Preparing for the cost of chronic illness
is not simply a part of a good financial plan...
it is the true test of that plan”

Martin, 2005

Planning for Care



Planning Process: Building upon a Foundation

\$

Family

Legal

Clinical

Planning for Care

\$

Family

Legal

C

Clinical

Planning for Care

Clinical Foundation:

Replace Anxiety with Information

Geriatric Clinical Assessment

Available Community Services

Quality and Cost of Residential Options

Eligibility for Public Benefits

Planning for Care

\$

Family

Legal

Clinical

Planning for Care

Legal Foundation:

De-Stress the Decision-making

Establish Clear Proxy/Powers of Attorney

Prioritize Life over Estate

Prioritize Legacy over Stuff

Discuss End of Life Plans

Planning for Care

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Family

Legal

Clinical

Planning for Care

Family Foundation:

De-Stress the Decision-making

- Identify the Parent's values
- Assign appropriate roles to family members
- Assign reasonable roles to family members
- Address potential conflicts-of-interest

“The Family Meeting”

Planning for Care Family Foundation:

Caregiver:

“in the unlikely event of a loss of cabin pressure”

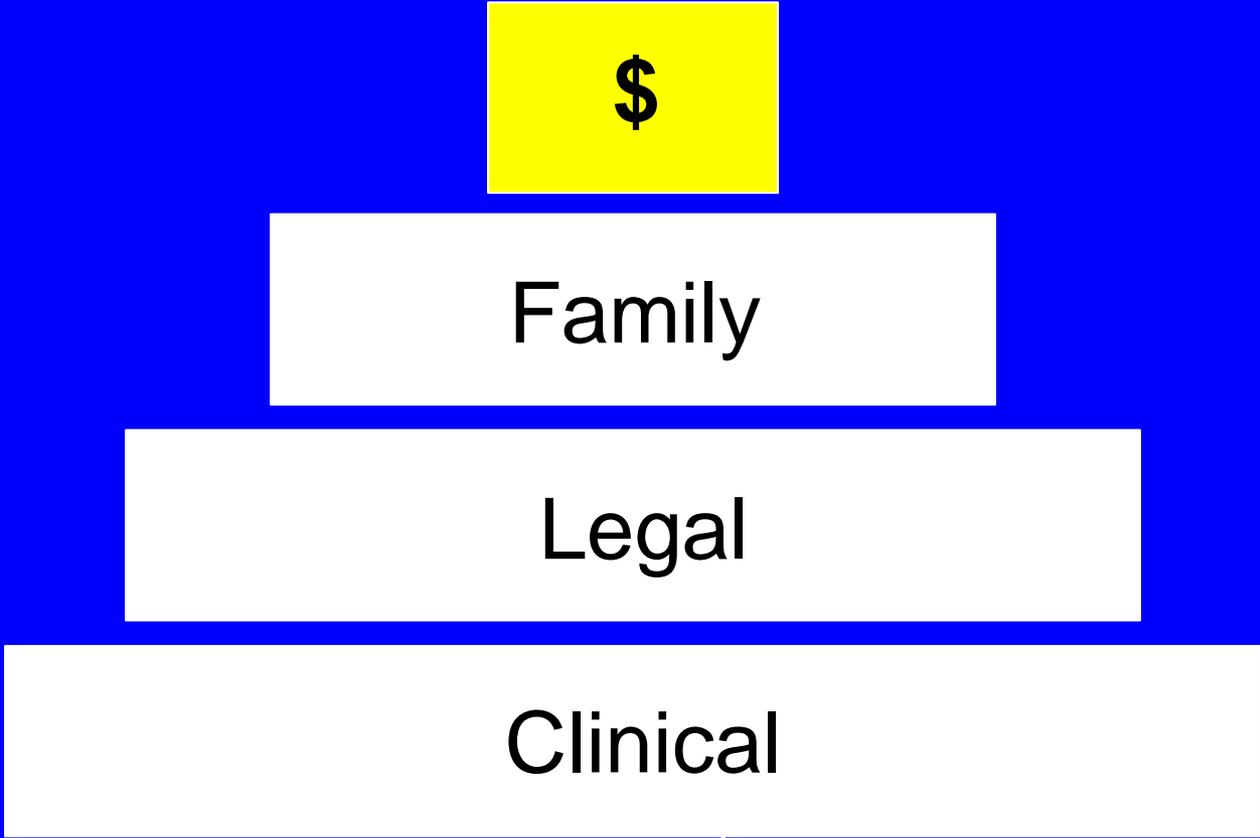
Attend to your own health

Respite: “Buying Time”

Personal Retirement and Eldercare Planning

Prayer: Philippians 4:4-7

Planning for Care



\$

Family

Legal

Clinical

Planning for Care

Financial Foundation:

Simple, Specific, Sound

Simple Structure (Budget, Banking, Investments)

Specific Strategy: (Asset Allocation, Public Benefits)

Sound Counsel: (“Professional”, Fiduciary, “Suitable”)

Paying for Eldercare

Moral Considerations

- Potential Conflicts of Interest: “Free Help”
 - Web-based Advice
 - Nursing Homes: Hospital Discharge Planning
 - Assisted Living Facilities: Referral Agents
 - VA Benefits: non-VA/VSO assistance
 - Financial Advisors:
 - Commission-based Selling
 - “Best Interest” vs. “Suitable”
- Private Home Care & Taxes
- “Medicaid (Estate) Planning”

A Uniquely Christian Way of Thinking

RICHARD'S AXIOM #5:

The heart of man plans his way,
but the LORD establishes his steps

Proverbs 16:9, ESV

Richard J Martin

The Center for Eldercare Finance

12200 Fairhill Road

Cleveland, OH 44120

216-220-8950 (o)

216-220-8951 (f)

richardmartin@eldercarefinance.com